

American  
**FENCING**

November/December 1981  
Volume 33 No. 2



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# American FENCING

(ISSN 002-8436)

Official publication of the  
United States Fencing Assn. Inc.

**Postmaster: Send all returns and changes of address to: USFA, 601 Curtis St., Albany, CA 94706.**

Second Class Postage  
paid at Berkeley, CA 94704  
and at additional mailing offices

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Dedicated to the memory of  
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Oakland, CA 94602

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Published bimonthly. Subscription for non members of the AFLA is \$7.50 in the U.S. and \$9.00 elsewhere. Opinions expressed in signed articles do not necessarily reflect the views of American Fencing or the USFA.

CONTRIBUTORS PLEASE NOTE. Articles, results of competitions, letters to the Editor, photos and cartoons are cordially solicited. All manuscripts must be typewritten, double spaced, on one side of the paper only, with wide borders. Photos should be glossy finish and with a complete caption. Unsolicited manuscripts cannot be returned unless submitted with a stamped self addressed envelope. No anonymous articles accepted.

## DEADLINE FOR 1982 ISSUES

Issue Date	Closing Date For Copy	Mailing Date
JAN/FEB	DEC 10	FEB 1
MAR/APR	FEB 10	APR 1
MAY/JUNE	APR 10	JUN 1

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## ON THE COVER

Mike Davis is consoled by his kids. The photo in our contest category of **Child Juvenile** was taken by Cathleen Wrigley Illinois.

# EDITORIAL

Our December issue contains the usual application forms and information for our National Junior Olympic Championships, which take place in Los Angeles in February, 1982. The World U-20 Championships are held over the Easter week in order to coincide with school vacations. After that, what do we have for our junior fencers?

One of our more thoughtful coaches, David Micahnik of the University of Pennsylvania, writes.

"Since the Board of Directors has voted to abolish the National Under-19 Championships, there is a large gap in the competitive side of junior development in the United States. The National Under 19's served many purposes, only one of which was to decide the National Under-19 Champions. National Under-19's also necessitated the holding of Sectional Under-19 tournaments in order to qualify. Together the Sectional and National Under-19's provided the incentive for the most promising young fencers in the country to continue their training and development for two to three months longer into the spring than they would otherwise have reason to do. This latter function is of vital importance. The period involved is, more or less, 30% of a training year, which our young talents need desperately at the most critical stage of their formation as competitors, their teen years."

The Olympic Fencing Committee is considering several proposals on selection of the U.S.F.A. Jr. World Team in 1983.

David Micahnik proposes that a National Junior Circuit be established, i.e., that, in addition to the National Junior Olympic Championships in February, on each of two separate weekends (one before Christmas, one in late spring), there be an open junior tournament in all four weapons. William Goering would like to have additional junior sectional tournaments scheduled through divisional qualifying rounds. Irwin Bernstein suggests that we no longer hold National Under-16 events, but make them divisional/sectional only.

The problem posed by elimination of the National U-19 Championships goes beyond Junior Team selection, for it affects the divisional and sectional structure of junior com-

petitions for the entire season. This problem should be addressed by the Board of Directors as well as by the Olympic Fencing Committee, for the final responsibility for junior development rests with the Board.

Since we no longer have the National U-19 Championships, we must schedule something better to take its place. Various proposals have been made. If we are serious about emphasizing junior development, a program for 1982-83 should soon be adopted by the Board of Directors. Barring any last-ditch efforts by a valiant few, it is already too late for the 1981-82 season.

Our Secretary's office is completing its master list of fencing clubs, listed under divisions by name of club, address, and address and phone number of person to contact. If your club has not yet sent in such information, it would behoove you to do so.

---MTH



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## From the President

by Emily Johnson

The telephone is a useful and necessary part of our daily life but it does have a penchant for ringing at precisely the wrong moment. Traditionally it rings when you are in the shower. Even more frequently it rings when you are flying around getting ready to go out and are late or while the final act is being shown on a TV mystery.

To answer or not to answer - but a combination of curiosity and concern impels most of us to still the hypnotic sound of the ringing bell by picking up the phone.

I tend to be a bit brusque when the call is from someone with a great idea who apparently expects me to take complete notes, plan it all out, write it all up and generally do all the dull leg-work. My suggestion that he or she write it out complete with a proposed budget and a suggestion as to the people who will do the work is sometimes taken with ill grace.

Other calls are most helpful and interesting.

I was talking to Bill Goering about this in Chicago and, all of a sudden through the mail, I received the following. I thought I would share it with you.

### HOW TO GET THINGS DONE IN THE U.S.F.A.

There is no dearth of good ideas in the fencing world. Officers and other officials are regularly accosted by members with good ideas to improve the sport. The real problem is in implementing these good ideas, and many of our members are disappointed when their super idea is not immediately accepted by all and put into practice. One of the reasons for this is that our officers and officials have plenty of things to do, and a new idea may give them something more to do, which is the last thing they need; but the real barrier to getting ideas accepted is that the proper procedure for doing so is not well known. It is the purpose of this article to outline the best procedure and encourage all our members to follow it.

There are two major decision-making bodies in the United States Fencing Association (USFA), the Board of Directors and the

Olympic Fencing Committee (C group has budgeting responsibility areas of decision-making. The C considers all USFA administration issues, rules and procedures, of divisions and sections, etc., which handles all matters dealing with U.S. Teams, International Teams, and training system. The procedure for getting discussed and adopted is the same as outlined below:

Write down the idea.

It is fine to have ideas, but they are considered unless they can be presented to others. Writing it down and the submitter clarify the idea and allow the others to understand it.

Get your idea on an agenda.

Only agenda items are considered at meetings so the idea must be on the agenda to get a hearing. Agenda items are prepared in advance and sent out to all members for consideration prior to each meeting. Board of Directors items send you a copy and a request to place it on the agenda. USFA Secretary, Eleanor Turner, handles items send your write-up to Georgina, the OFC Secretary.

Submit your idea on time.

The Board and the OFC meet three times a year; in September at the annual meeting, in February at the Junior meeting and at the Nationals in June. For each meeting, your items must be presented to the respective Secretary 5 to 6 weeks before the meeting, that is before 15 August before the September meeting, before 15 February before the February meeting, and before 15 June before the June meeting.

Defend your idea at the meeting.

You must attend the meeting and be an eloquent spokesperson to speak for your idea.

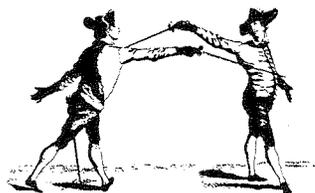
Be patient.

Even if you get your idea out there before a meeting, don't expect it to be accepted at first hearing or even then. The usual timing is to get a new idea discussed at one meeting, discussed

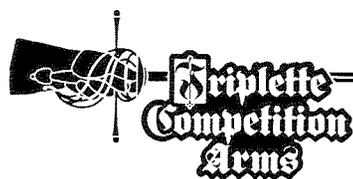
and approved at the third. The reason for this is that the members of these deliberative bodies want to study the idea and consider the implications. Thus the second time it is presented they have had some time to think about it and consider the ramifications. If the proposal requires a change in the league by-laws, a more extended timing can be expected. Any such idea must be discussed and approved for vote of the membership at the September Board meeting, printed in the magazine for consideration by all and voted upon at the annual membership meeting which is held only at the U.S. Nationals. This means that a head start of at least a year is needed to get even a simple change approved. If the change is more complex or controversial, it is likely to take two years before it is incorporated into the by-laws.

The above procedure may seem cumbersome, but it does act as an effective filter for the many ideas available. If an idea can survive it, it probably has merit. In some cases the timing for acceptance can be speeded up if the submitter incorporates the suggestions and comments of officers and key board or OFC members **before** the idea is

submitted. It also helps if a national officer presents the idea, and if it has been tried out in advance. Even so major changes are still likely to be tabled or assigned to a committee for study on first hearing. Don't be put off by this, persevere and make the system work for you because it does work.



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## 1981 JUNIOR OLYMPIC SUMMER TRAINING CAMPS

by Colleen Olney, JOY Committee

The need as well as the popularity of summer training camps for junior fencers has been increasing.

The JOY Committee organized three area camps for juniors in August 1981.

The 2nd annual Cornell camp, managed by Burt Moore and with J.J. Gillet as Head Coach, had another successful year. Thirty fencers spent eight days of intensive and enjoyable training there. Evening sessions included a work-out on the Nautilus equipment, sports psychology, a video tape of the 1976 Olympic Women's Final (with comments and discussion), conditioning, trouble-shooting the electrical equipment, discussion of the Rules of Fencing.

1981 was the first year a camp was held at Ohio State University. Charlotte Remenyik was the manager and Ron Miller took the helm as Head Coach. Although the air controllers strike caused problems and some last minute cancellations, seventeen fencers were able to benefit from the program.

The closing of the Olympic Training Camp at Squaw Valley, California created a challenge to our committee: trying to find a comparable site in the Pacific Coast Section. Lewis and Clark College in Oregon was

selected to hold the fifth annual camp in the Pacific Coast. The air caused a rash of last minute cancellations and inconvenienced those who fit it - a total of fifteen. Janet Temple manager and Yves Auriol was Head

In summary, sixty-two fencers participated in the summer camps and exhausting time was had by all.

**NOW CAN YOU TOP THIS???** The JOY Committee is already under way planning next year's summer camps

1. Cornell - North Atlantic Section
2. Ohio State - Mid West Section
3. Univ. of North Carolina - South Section
4. Wisconsin (site unknown) - Michigan
5. Stanford (?) - Pacific Coast Section
6. Oklahoma (site unknown) - East Section
7. Olympic Training Center, Col. an elite camp for the top members

### COACHES SUMMER CLINIC

Two coaches clinics were held

*This group of smiling faces attended the 1981 Ithaca Junior Olympic Camp. To ascertain who next page. Photo by R. Hupp*



tion with the week long junior camps. John Wills conducted a clinic at Ohio State and Alex Beguinet conducted the clinic at Lewis and Clark College.

Next year, where possible, similar clinics will be planned. However, the coaches clinics will be limited to beginning and intermediate coaches. An advanced coaches refresher clinic is being planned with the cooperation of the National Coaching staff and the NFCAA. More about all the summer programs will be made available at a later date. If you want specific data on any camp, contact Colleen Olney, 2221 SE 117th, Portland, Oregon 97216.

## APPEAL PROCEDURE FOR QUALIFYING TO NATIONAL CHAMPIONSHIPS

For your guidance, we cite below an excerpt from the Supplement to the 1974 Fencing Rules Book outlining the current procedure on requests to qualify without having competed in divisional qualifying event.

Page XV Section 8. B. Revised to read "In exceptional cases, subject to specific approval by the Board of Directors, a member of the USFA in good standing may be permitted to qualify directly.

The guidelines are as follows:

- (1) Appeals may be filed by fencers who were qualifiers (by means of competition or appeal) or alternates in the prior sea-

son and either were unable to compete in local qualifying events this season or did compete and had to withdraw because of a disabling injury or illness.

- (2) All appeals must be received by the National Secretary by the deadline for entry in the Nationals and must be accompanied by a **\$25.00 filing fee.**
- (3) All appeals must include specific details as to the dates, reason for absence and other pertinent facts. Any medical reasons must be substantiated by written confirmation from a doctor.
- (4) All appeals must be accompanied by a summary of the fencer's competitive results during the current season.
- (5) Appeals will be reviewed by the National Executive Committee. Decisions will be based on the validity of reasons for absence or withdrawal and the probability of the fencer having qualified through competition, based on results achieved in other events."

### Colorado Invitational

**Sat. Jan. 30:** Men's Foil 8:00 am  
Women's Foil 1:00 pm  
**Sun. Jan. 31:** Men's Epee 8:00am  
Men's Sabre 10:30 am  
Women's Epee 1:30 pm

**Registration:** \$4.00; Entry Fee: \$5.00  
**For information,** contact: Lynn or Debbie Moyer  
2563 E. San Miguel, Colo. Spgs., CO 80909  
(303) 471-0526

# DEVELOPMENT OF YOUNG FENCERS IN HUNGARY

By Miklos J. Bartha, Director, Santelli School c

**Author's Note:** *This is a report on a program for the development of young fencers as it is organized in Hungary. It is obviously impossible to recommend the strict application of the Hungarian, French, German, or any other nation's system for the development of our fencers, but we can benefit from their experiences. We know that in many places in our country very serious and dedicated work is done in young fencers development. Our young fencers are emerging from these places in increasing number. I hope that their fencing masters and coaches will find my report of interest.*

In order to present some alternative views (in Hungary it is at least 15 years old) about planned and systematic development of young fencers I felt it would be interesting to report what I observed during my visit to Budapest in April 1981. This is intended to be a brief and general summary.

I visited several fencing clubs in Budapest to meet old friends, but spent most of my time at the MTK-VM. The MTK-VM is a sport complex with its own training facilities, athletic field, a soccer field etc. The building houses various sports. The fencing club occupies a large part of the building completely separated, with its own offices, lounge, shower-rooms, offices for the secretary, masseur, weapon-master, etc. The fencing section - we will refer to it in the article as the "club" or "MTK-VM" - works in full cooperation and by the directives and with full support of the Hungarian Fencing Federation or its committees. Most of my impressions were gathered there, but the general approach is typical of all the "A" clubs in Budapest, I had the opportunity to see both very high quality fencing instruction and a serious commitment and dedication displayed by all the fencing instructors in their excellent personal contact with their fencers at all age levels. They believe very strongly in the beneficial influence on the development of the fencer of a long-standing and continuous student-master relationship, a view which is also held by the French.

The personnel are head fencing master. 9

full time fencing masters, 2 part time masters, 1 physical education masseur, 1 weapon-master.

Training takes place 6 days a week afternoons, and three times or more mornings as needed.

The purpose of their activities development and training of young fencers ONLY. In order to stay level for international competition stress quality in their work weapons. I observed Szocs, the teacher, working with a small group of year old girls. They were drilled with light weapons and he was with them individually one by one. In they had perfect footwork, well drilled, clean ripostes, good timing and nation, even in multiple choice exercises serious faces and total concentration pleasure to watch. Everything was slow motion geared to their physical "They were performing for you, they were not for me," said Szocs later, smiling, "I gave me such good work before

The "Sport-school" (in Hungary "iskola"), was created for the development of young fencers. It works in the folk view approximately 1000 to 1200 and 10 years old. All the other clubs in Budapest and in the country doing the same thing. They visit schools in their area. This is a job month's duration. At these sessions children are informed about the purpose and a series of tests are administered each child, as follows:

a./ Movement - coordination concentration tests. After a demonstration a few minutes' practice, the child form asymmetric exercises and This is the first elimination.

b./ Those who passed performance reflex, dexterity and speed through of established exercises. Secor tion.

## Photo of Ithaca Summer Training Camp (Page 7)

Back row (from left to right): Ramon Martinez, Ass't. Coach; Burt Moore, Manager; Mark Iacampo, Sue Kemball-Cook, Ed Donnen, Ass't. Coach; Janine Marnell, Isabell Hamori, Sandy Hill, Larry Wilson, Chris Balestracci, Greg Gamache, Richard Hauer, Jean-Jacques Gillet, Head Coach; Christa Weber, Jim Fazekas, Coach; Matt Auer. In the middle: Gail Rossman, Sabrina Eaton, Andrea Mindell, Jane Hall, Mindy Wichick, Randy Samet, Michael and Charles Higgs-Coulthard, Juan C. D'Elia, Scott Jacobs, Ashton Thorogood. Front row: Norm Mattox, Pres. de Jury; Mei-Wa Cheng, Jim Pitt, Peter Chvany, Anne Barreda, Bob Vitale, Saul Cenicacelaya, Wilbur Wheeler, Steve Mazure.



c./ The remaining children are observed for their general intelligence by talking to them. Their teachers are consulted and their report cards checked for scholastic standing.

d./ The family background is checked out, to find out if the family can favorably support the longterm development and competitive fencing career of the child, by encouragement and backing.

After all these tests the approximately 100 to 130 children's families will receive an informative letter and an invitation for the child to join the club's fencing program. Generally about 100 will answer positively. The parents of these boys and girls will have a conference with the coaches and management of the club, where the entry formalities and the children's program is discussed. This mixed group of boys and girls will be separated and a boys' foil and a girls' foil group is formed in the first year, an epee group and a girls' foil in the 2nd year, a saber group and a girls' foil group in the third year. The same thing will be repeated in the succeeding years. Each group is assigned to a fencing master, who is the head master of the group, and leads the group through at least 10 years with full responsibility for their development. He also receives the credit for any good results achieved. In the first few years, when in this group the number of the students is large, he may receive assistance from the other fencing masters during the actual fencing sessions.

The Basic Training System is prearranged for 5 or 6 years until the children reach the age of 15 or 16. During these years, physical development and conditioning runs parallel with the schooling in fencing technique. The proportion of their physical development against fencing is:

- In the 1st year 60% physical 40% fencing technique
- 2nd year 50% physical 50% fencing technique
- 3rd year 50% physical 50% fencing technique
- 4th year 40% physical 60% fencing technique
- 5th year 30% physical 70% fencing technique
- 6th year 30% physical 70% fencing technique

Every 2 months each age group in each consecutive season has a physical fitness and a fencing technique test. The

youngsters earn points based on their performance in each test. Their ranking within their group is based on the total points earned. The ranking list is permanently displayed on a bulletin board for the season. There are four similar tests per season, and each new result is posted next to the previous standing so fencers and the fencing masters can easily check each fencer's progress. Needless to say, the level of the tests are raised each consecutive year. These test results give the young fencers their first sense of achievement and guide the fencing master in locating weak spots, and indicating where additional work is needed.

Each age-group works out three times weekly in the 1st, 2nd and 3rd year. The length of each session is 2½ hours and includes physical training and instruction in fencing technique. The children who show rapid progress after the 4th and the 5th years are called in for 5 workouts of 2½ hours a week. No greater demands are made on their time to avoid interference with their regular schoolwork.

The size of the age groups changes drastically. Of the 100 to 120 starting in the first year many drop out with approximately 30 remaining in the 4th year, and decreasing in stages each consecutive year until only 8-5 remain. This is considered a desirable selective process.

The fencers enter competition according to their talent and progress after the 2nd or 3rd year. The Hungarian National Sport-school Championships are held every year in the following age groups:

10-12	These are
13-14	Sport-School
15-16	categories
17-18	
19-20	Juniors

They also compete in local, sectional and other competitions according their proven ability and rating. Sport-school and Junior competition results are reported in the "Vivohirado" (the official organ of the Hungarian Fencing Federation) in all the age categories. Individual and team results are reported with the name of the finalists and their club affiliation listed. The name of the fencing master is listed for the 1st, 2nd and 3rd place fencers. A point system is estab-

lished for rating the performance of the clubs, based on total points earned by their fencers entered in the competition.

The Sport-school of the MTK-VM was started seven years ago. Every year a new age group has been added. They have 8 age-groups currently corresponding to 8 regular school grades. They need two more years to reach a full 10 year cycle. Then a new 10 year cycle will be started. Those in the present advanced grades, at the ages 16-17-18 are increasingly appearing as finalists in almost every youth competition in every weapon. The MTK-VM is very strongly represented by its woman's team. Some of the club's women fencers are members of the senior national team at the age of eighteen.

After 10 years, when they reach 20 years of age only 4-5 good "A" class fencers in each weapon remain from the original class of 100 starters. These fencers graduate into

the senior section but stay undance of their fencing master for 1 years, who is then assigned a ne 10 year old children entering a ne this way each fencing master f workout with his age group from 5:00 PM, and from 5:00 PM to 7 works with his senior group of no r or 6 fencers. Based on a staff of r masters, after ten years the plan least 50 class "A" fencers in all \ the MTK-VM. When one consider are six "A" rated fencing clubs in and about 10 other clubs in the country working with the sarr within a few years there will be a pool from which the fencers f places available on the Hunga National Team will be drawn.

A number of people at the MT very generous to me with their tin pitality, in describing their de

## APPLICATION FOR OFFICIALS RATING

Application for Class 2 and Class 3 ratings must be made directly to the Fenc Commission on this or similar form one month prior to the testing event (Sectione ships for Class 2, National Championships for Class 3).

The Commission will then notify applicants of acceptability for examination which primarily on the level of recent assignments shown in the Resume.

### RATING APPLIED FO

NAME: _____	Foil	2	3
ADDRESS: _____	Epee	2	3
PHONE: _____ (DAYS)	Sabre	2	3
_____ (EVENINGS)	AFLA Number: _____		
	Division: _____		
	Section: _____		

Current Rating	Where and When Earned	Exami
Foil		
Epee		
Sabre		
Resume		
<b>Tournament and Type</b>	<b>Date</b>	<b>Weapon</b>
		<b>Rounds* (Circle)</b>
		p q s f
		<b>Bouts</b>
		<b>Officiated</b>

\*p = preliminary      Indicate direct elimination rounds      Submit to:  
 q = quarter final      with "DE"      Charles Thomp  
 s = semi-final      3900 E. North  
 f = final      Greenville, S.C

program and in permitting me to observe training activities. I would like to express my appreciation for their generosity and introduce them briefly to American fencers.

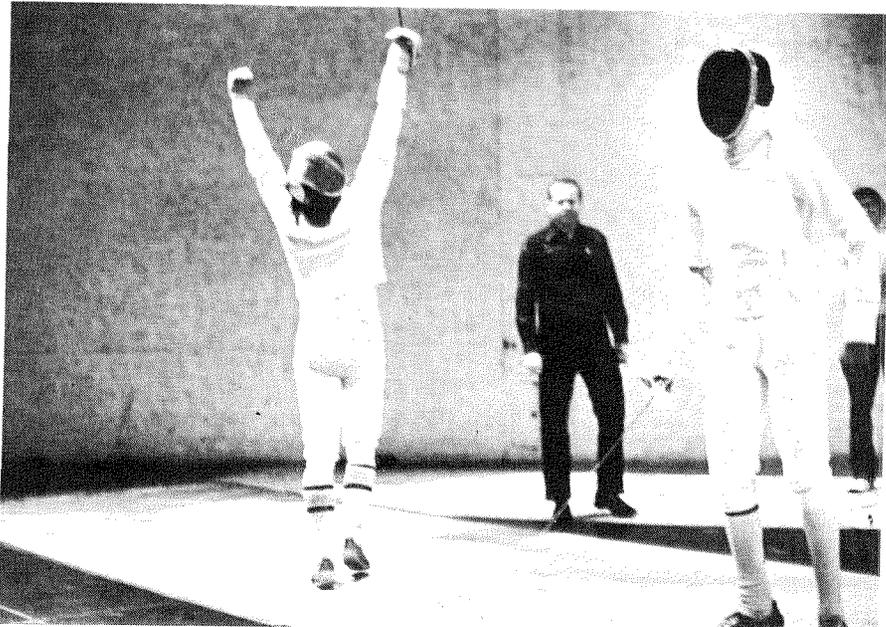
Bertalan Szocs, the Head Fencing Master at the MTK-VM has been the trainer for the past 15 years of the Hungarian Women's Nation Team. In addition to his administrative and planning functions at the club he works out with an age-group in the afternoon and in the evening with the seniors. At present four of his women fencers are on the national team.

His wife is a fencing master and a former top competitive fencer, a member of the 1959 World Champion Hungarian Women's Team, under the name Zsuzsa Morvai.

Peter Halla, a very dedicated young fencing master has already quite a few promising young giants of his own.

Istvan Lukovich, fencing master at the MTK-VM, is director of and a teacher in the Fencing Masters Course at the Institute for Physical Education in Budapest. He is the author of a number of excellent books and papers on the teaching and theory of fencing.

Ildiko Tordasi (Schwarzenberger) has collected 15 Olympic and World Championship Decisive touch? Doug Powell and Michael Loftin in the Men's Sabre finals of the 1981 Jr. Olympics. Photo by Bruce Repko.



medals in the last 10 years, including gold individual in Montreal.

Edith Kovacs, Hungarian National Champion, has a simple but very effective style.

Zsuzsa Szocs placed 4th in the Challenge Jeanty 1979 at the age of 17.

A few names from earlier times who have enhanced the MTK-VM reputation include Pal Schmitt, Tamas Gabor, Arpad Barany, Lidia Domolki, all individual or team gold medalists in the Olympics or World Championships of past years.

The program that I have briefly described is typical of the emphasis that most European Fencing "Powers" place on the organized and planned selection, training and development over an extended period of time of promising young competitors into a large physically and technically superior pool of senior athletes. The degree to which training facilities and long term direction are provided and organized by a central Fencing Federation or its Committees, with the financial burden for lessons, equipment, and competition related travel absorbed by a national organization, is reflected in the standings in international competition.

## RULES CHANGES FOR 1981-82 SEA BY OFFICIALS COMMISSION

The FIE has approved the rules changes outlined below for all events after 1 January 1982. The U.S.F.A. Board of Directors voted at its September meeting to put them into effect on 1 November 1981 so they will be used at all Circuit Events. The changes are listed below in 3 categories:

### Timing Rules

- Time limits for direct elimination 10-touch and 8-touch bouts are now 10 and 8 minutes respectively. (The time limit for 5-touch bouts remains at 6 minutes and the one-minute warning rules are unchanged.)
- Fencers are entitled to know the time remaining in the bout during the final minute whenever they are placed on guard.
- The five minute rest period for indisposition has been deleted. No rest period will be allowed for cramps or illness.

### Strip Rules

- In all three weapons after a fencer has received the distance warning at one or two meters, the center line (rather than the starting line) must be gained with the

- front foot before the fencer after again retreating to the w
- On the 14 meter strip Sabre fencers are to be given the warning when the back foot rear limit, rather than after with both feet. The fencer still the rear line with both feet after to receive a penalty touch.
- Foil and Epee fencers are f thrust or drag the points of the on the metallic piste intention the bouts, and epee fencer thrust their points into the halts. Penalty is minor warr subsequent infraction minor

### Other

- The bout order for pools of changed to 1-2, 4-5, 2-3, 5 2-5, 1-4, 5-3, 1-6, 4-2, 3-6, 5-
- At foil and at sabre fencers m "on-guard" in the in-line pos
- Team matches in pools nc halted as soon as a result is : tie in victory indicator resu indicator, and then the tou are used to determine plac

## UNITED STATES FENCING ASSN., INC.

601 Curtis Street Albany, CA. 94706

Enclosed are my dues for membership in the USFA. I wish to belong to the \_\_\_\_\_ division and to represent the \_\_\_\_\_ club (or school). I am a New  Old  member. I was born in the year 19\_\_\_\_  
Coach \_\_\_\_\_

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1. LIFE \$300.00

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TOTAL \$ \_\_\_\_\_

# TRIAL BALLOON

proposal to change the method of classifying fencers was set forth by Anthony Gillham of Wisconsin at the September Board Directors meeting. It would require a change in our Operations Manual, Chapter I General, Section 2A, page iii. The proposal: In any one season a fencer must accumulate a certain number of points over five or fewer competitions. The fencer may select her best five finishes during the season. The points are accumulated at the beginning of the season the fencer's rating would change immediately. An "A" rating would require 250 points, "B" rating would require 175 points, "C" would be 70 points, and a "D" rating 25 points.

A competition is ranked by adding up the (anticipating) fencers' point value. Each rated fencer would be 60 points, "B" - 35 points, "C" - 15 points, "D" - 5 points, and unclassified - 2 points.

The placements of the fencers' points earned in a competition would be: First place would receive 25% of the competitor's total point ranking. Second place - 15% of the competition ranking; third place - 10% of the competition ranking; fourth place - 7%; fifth place - 5%; sixth place - 3%; seventh place - 2%; eighth place - 1%. If there are from 16-31 fencers in the competition the ninth through twelfth places will receive 1%. If there are 32 or more fencers, thirteenth through sixteenth place will receive 1% of the competition ranking. Each competition will be allowed a maximum of two designated "unclassified" competitions per season in which each entrant is rated 5 points.

Before anyone started to reach for his pocket calculator, Mr. Gillham was quick to point out that the total percentages add up to more than 100%, which is irrelevant to the points assigned for placements. The Gillham plan proposed is "based on a fencer demonstrating a consistent level over several competitions, instead of perhaps getting hot (or lucky) on the right day. It is also based on each competition having its own accurate rating . . . . It encourages fencers of all levels to enter the tough competitions because of the high points available, while still giving them something for placing high in small competition. The addition of a "D"

rating will help recognize the many good average fencers. The only problem is that it does not offer much incentive to an unclassified competitor. Therefore the divisional variant is included. This should give the winner a suitable boost!"

Mr. Gillham's proposal was received with great interest by the Board. Several divisions volunteered to give it a trial, among them Southern California, Connecticut, Georgia, Michigan, and Ohio.

## Addenda to Checklist of Fencing Books

by Tom Conroy

- 1926 **History of the Fencers Club of Philadelphia, 1913-1926.** 52 p.
- 1965 Alpar, Julius. **Fencing.** Berkeley, CA: University of California, Berkeley, Department of Physical Education, n.d. (1965), 15 p.
- 1966 Geraci, A. John. **Fencing in Modern Physical Education.** Ed. Gerald J. Hase and Irwin Rosenstein. New York: Holt, Rinehart & Winston.
- 1967 Hobbs, William. **Techniques of the Stage Fight: Swords, firearms, fisticuffs and slapstick.** London: Studio Vista, 96 p. American Edn.: **Stage fight: swords, fisticuffs, and slapstick.** New York: Theatre Arts Books.
- 1968 Wise, Arthur. **Weapons in the Theatre.** London and Harlow: Longmans, Green and Co., x & 139 p. & 8 pl.; New York: Barnes & Noble.
- 1971 Wyrick, Waneen. **Test Questions for Foil Fencing.** Philadelphia, London, Toronto: W.B. Saunders Co., n.d., /2/ & 30 p.
- 1973 Anderson, Bob. **Better Fencing --- Foil.** London: Kaye & Ward, 96 p.
- 1974 Morsberger, Robert E. **Swordplay & the Elizabethan & Jacobean Stage.** "Salzburg Studies in English Literature, Jacobean Drama Studies; No. 37."
- 1978 Hayden, Rob and Berman, Sheldon. **Introductory foil: a manual for instructors.** Maine: The Maine Division

(Continued on next page)

# KNOW YOUR NATIONAL COMMITTEE MEMBERS

The U.S.F.A. Board of Directors, at its September annual meeting, approved the appointment by President Johnson of members of 30 committees for the season 1981-82. Although the President of the U.S.F.A. can create new committees at any time, almost all of these committees have been created over a period of several administrations and reactivated each year by the current President. The Executive Committee and the Foreign Secretary are required by our By-Laws. Each committee serves a useful purpose in the functioning of the U.S.F.A. and their titles seem self-explanatory. We list here a few of the more conspicuous and active committees; others will be listed in later issues.

**Executive Committee:** Emily Johnson, Micki Conte, Charles Thompson, Colleen Olney, Eleanor Turney, William Latzko, William Goering, Irwin Bernstein, John Geraci, Nancy Sebastiani.

**Foreign Secretary:** Joseph Byrnes, (Asst.) Sam Cheric.

**Olympic Fencing Committee:** Emily Johnson, Carla-Mae Richards (Vice Chair), Gerrie Baumgart (Sec.), Stephen Sobel, Irwin Bernstein, John Geraci, Denise O'Connor, Michael DeCicco, Ralph Goldstein, Harriet King, Mary Huddleson, Werner Kirchner, Chaba Pallaghy.

**Athletes Advisory Group:** John Nonna & Joe Shamish (foil); George Masin & Paul Pesthy (epee); Edgar House & Phil Reilly (sabre); Nikki Franke & Debbie Waples (W. foil).

**Junior Olympics and Grass Roots (JOY):** Colleen Olney, Burton Moore, Les Bleamaster, Larry Calhoun, Denise O'Connor, Mary Huddleson.

(continued Check List)

of the Amateur Fencers League of America, "v & 121" (actually 168) p.

1979 Dubrova, L. **Olympic Heroes: Yelena Belova.** Tr. Christopher English. Moscow: Progress Publishers, 48 p.

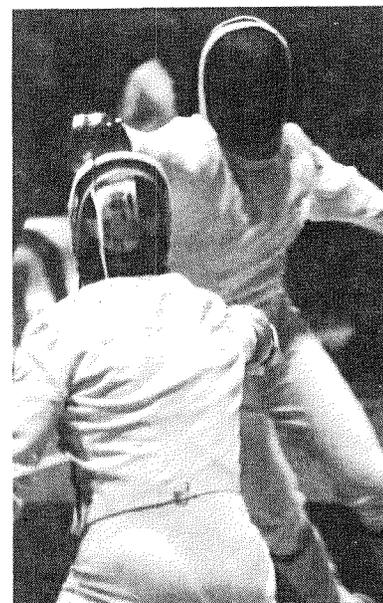
**Medical Commission:** Marius Valsari, Alex Sapega (Vice Chair), Steven Danos, Steven Roosevelt, Theron Lansford, J. Littmann.

**By-Laws:** Frank Nagorney, Step Sobel.

**U.S. Commission on Fencing Rules Officials:** William Goering, Chabha Thompson, Stephen Sobel, Jack Ke. Chaba Pallaghy, Ralph Zimmerman, R. Goldstein, John Nonna, Sam Cheric, Eleanor Turney, Gay D'Asaro, Stacey Johnson, Byrnes.

**Technical Committee:** Dan deCher, Arthur Turney, Joe Byrnes.

Friedburg vs. Hick in the 1981 NCAA Sabre final. An action photo from our recent contest submitted by Cathleen Weigley.



# 1982 USFA JUNIOR OLYMPIC CHAMPIONSHIPS

# ENTRY FORM 1982 USFA JUNIOR OLYMPIC CHAMPIONSHIPS

**te:** February 13-14-15, 1982 (Washington Birthday Weekend)  
**ce:** Los Angeles Valley College, Van Nuys, California  
**gging & Headquarters:** SHERATON UNIVERSAL, 30 Universal City Plaza, North Hollywood, Ca. (213) 980-1212. Rooms - \$50 for both double or single occupancy. Make reservations directly with the hotel. Reservations due by Jan 24. Mention you are with the Junior Olympics to get the special room rate.

**chedule:**

Sat, Feb 13	Sun, Feb 14	Mon, Feb 15
8 AM U-20 M.Foil	8 AM U-20 Sabre	8 AM U-20 Epee
8 AM U-16 Sabre	8 AM U-16 Epee	8 AM U-16 M.Foil
11 AM U-16 W.Foil	8 AM U-20 W.Foil	11 AM U-20 W.Foil
8 PM Live Band at the Sheraton	7 PM Dinner and Party 8 PM Board Meeting	DE & final at Sheraton

**apons Check:** Friday evening 7 PM to 10 PM at Sheraton; at LAVC 45 min. before each event.  
**ibility:** The Junior Olympics are open to members of the USFA who have qualified through their respective Divisions according to the rules stated in the USFA Operations Manual, Chapter V, No. 9.F. The number of qualifiers from each Division for both U-16 and U-20 events are based on the number of entries at the qualifying round (Automatic qualifiers are not counted in this number.) For 1-11 entries, 2 qualifiers; 12-20, 3 qualifiers; 21-30, 4 qualifiers; 31 or more, 5 qualifiers. An equal number of alternates as qualifiers are allowed per Division.  
**e Requirement:** All fencers in the qualifying rounds must be under 16 or 20 years of age depending on event, as of January 1, 1982. Persons who turn 16 or 20 on Jan. 1, 1982 are ineligible.

**omatic qualifiers:** Automatic qualifiers may enter without qualifying from their Division provided they still meet the age requirement. Automatic qualifiers are for (U-20 events 1) first six finalists of the 1981 U-19 Nationals, 2) first six finalists of '81 JOs, 3) members of the 1981 U-20 World team, 4) all previous U-19 or U-20 Champions; for U-16 Events: U-16 finalists from 1981 J.O.'s.

**tification:** All fencers in the qualifying rounds must be current members of the USFA. All entries to the JO's will be certified by the USFA Secretary before being accepted.

**Enter:** Fill out Entry Form on next page. Send it along with entry fees and any Social Events fees to: Junior Olympics, So Cal FA, PO Box 472, North Hollywood, Ca 91603. Entry fees are \$7.50 per weapon plus \$10 registration fee. Please enclose a self-addressed stamped business (long size) envelope for entry confirmation. DEADLINE FOR ENTRY IS JANUARY 22, 1982. Withdrawal notification for full refund is February 1, Competitors may enter all events for which they have qualified, however, in case of two or more events running concurrently, the fencer must bear the burden of fencing bouts in each weapon in rapid order when called.

## NOTE TO DIVISION SECRETARIES:

Immediately upon completion of the Divisional qualifying event, please submit the following information to BOTH Eleanor Turney, 601 Curtis St., Albany, Ca. 94706 AND So Cal Fencing Assoc., PO Box 472, North Hollywood, Ca. 91603: 1) number of eligible fencers in the qualifying competition (Automatic qualifiers do not count in this number), 2) names of qualifiers and automatics in order of their placing in the competition along with their weapons classification, 3) the names of alternates in order of their placing. (Each Division is allowed as many alternates as there are qualifiers.) The above information must be provided for each weapon before any entries can be accepted from your Division. Closing date for this information to both Eleanor Turney and the So Cal FA is JANUARY 15, 1982.

Name (please print)			Birthday
Address			Telephone #
City	State	Zip	USFA Membership #
Club	Division	Section	

1. **ENTRY** Please circle all events you wish to enter. Also mark Qual Rank and Weapons Classification.

Qual Rank	Qual Rank	Weapons Classification
U-20 M.Foil _____	U-16 M.Foil _____	M. Foil _____
U-20 W.Foil _____	U-16 W.Foil _____	W.Foil _____
U-20 Epee _____	U-16 Epee _____	Epee _____
U-20 Sabre _____	U-16 Sabre _____	Sabre _____

2. **FEES:** Total No. Events Circled \_\_\_\_\_ X \$7.50 = \$ \_\_\_\_\_ + \$10 = \$ \_\_\_\_\_  
 The Registration Fee for every fencer in the JO's is \$10. Please do not send cash. Make check payable to: So Cal FA

## ENTRY DEADLINE IS JANUARY 22

Send entry and fees to: Junior Olympics, So Cal FA, PO Box 472, North Hollywood, Ca. 91603. Include: self-addressed stamped business (long) envelope with entry.

3. "Upon entering these events under the auspices of the USFA I agree to abide by the rules of the USFA as published in the 1974 "Fencing Rules and Manual" and amendments thereto. I enter at my own risk and release the USFA and officials from any liability. I undersigned certifies that the individual for which this entry is submitted is duly qualified to enter the 1982 Junior Olympic Championships and the individual's birthday is as stated above and the individual is a member of the USFA for the 81-82 fencing season.

Parent or Guardian's Signature

Fencer's Signature

<b>SOCIAL EVENTS</b> (Optional, open to all fencers & non-fencers)	# ticket
<b>A. UNIVERSAL STUDIOS TOUR</b> Take a behind the scenes tour of the world's largest movie studio. Five-hour tour includes special effects studio, Dracula's Castle, stuntman show, screen test and much, much more! Best attraction in LA. Please circle preferred time: Fri 12th, 9:30 AM Fri 1:00 PM Sat 1:00 PM Sun 1:00 PM Mon 9:30 AM Mon 1:00 PM. All transportation included.	\$ 9.50 _____
<b>B. LIVE TV TAPING</b> "Mork & Mindy" (Fri, 12th at 2:30 PM) or "Happy Days" (Fri, 12th at 4:30 PM). See Robin Williams and the Fonz live in action! Limited seating. Advanced tickets only. All transportation provided. (NOTE: "Mork & Mindy" to be confirmed in January. If not available, tickets good for "Happy Days".)	\$ 8.50 _____
<b>C. SAT NITE LIVE BAND</b> at the Sheraton. One of LA's top bands plus free refreshments. Door prizes.	\$ 5.00 _____
<b>D. SUN NIGHT DINNER &amp; PARTY</b> Celebrate at the Sheraton with buffet dinner, music & dancing plus special entertainment to be announced.	\$12.00 _____
Social events payments can be included with JO Entry Form, and one check can cover both.	Total enclosed for Social Events \$ _____

# NEWS NOTES

## BOARD OF DIRECTORS

On September 26, 1981 the Board of Directors held its annual meeting in Chicago, Illinois.

The bid for the 1982 National Championships from the Capitol (Washington, D.C.) Division was accepted, after a prolonged hassle over the proposed dates. The effective dates are May 28 - June 6, 1982; the venue is the Main Gymnasium of George Mason University in Fairfax, Virginia. Divisions and sections will have to schedule their qualifying meets to conform to the early dates. The majority of Board members opted for this date "to reflect the expressed wishes and interest of active competitors and international team members." The main fencing area can accommodate 11 strips, with an additional 7 strips in an upstairs gym.

A new trophy, the Maxine Mitchell Trophy for Women's Epee National Championship, was donated by Lois Goldthwaite and Eleanor Turney, who have been prime movers in getting women's epee (and sabre) competitions acknowledged nationally. The trophy honors one of our greatest living (and competing!) women fencers.

The Board tabled a motion, to be effective in 1983, that "For a club to be eligible to participate in qualifying to the National Team Championships, it must join the U.S.F.A. as a club member by January 1st of the current season and must have at least 10 of its own members as individual competitive members of the U.S.F.A. in the current season."

\* \* \*

## BILL GOERING CHOSEN CANADIAN HERO

For 25 years the Canadian Heroes' Memorial Tournament commemorated nameless Canadian War Heroes, but last year it was decided to let each tournament be held in honor of a particular individual, "one who has contributed more than his or her share to the advancement of fencing on this continent." With the following citation of his career, Bill Goering was announced the

"Hero" for the 1981 tournament, held in London, Ontario on October 10th and 11th:

"Bill Goering has been active as a competitive fencer and an administrator for many years. His competitive career spans over 20 years. Bill was a member of the U.S. Pan American Sabre Teams which won a bronze medal in 1959 and a silver in 1971. He represented the U.S.A. at the 1971 World Championships, and closer to home, was third at the U.S. National Championships in 1965 and second in 1971. He has been a Heroes Sabre Champion a record eight times between 1963 and 1979.

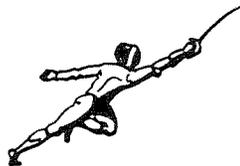
"On the administrative side, his record is equally impressive. He has been treasurer and/or chairman of the Michigan Fencing Association for many years, and served as Vice President of the A.F.L.A. for eight years (1972-1980). He was Chef de Delegation for five under-20 U.S. Teams, . . . acted as an official for the U.S. Student Games." Bill is presently serving with distinction as Chairman of the U.S. Commission on Fencing Rules and Officials.

Congratulations, Bill!

\* \* \*

## WEDDING BELLS

The Atlanta Fencers Club thought you might want to know that Mark Smith, winner of this year's national foil championships, happily lost his bachelor's status on August 22 by marrying Cynthia Young in Alliance, Ohio. Several members of the AFC were in the wedding party. Mark and Cynthia are living in East Point, Georgia, while Mark is finishing his work on his doctorate.



# COACHES COLUMN

## High School Fencing in the U.S.

David Brown, NFCAA High School Chairman, has compiled a list of (to date) 103 high school fencing teams or clubs, with the coaches' names and addresses where known. Anyone who would like a copy of this listing should write to: David O. Brown, 9 Grouse Drive, Brentwood, N.Y. 11717.



## MICHIGAN WELCOMES FENCING MASTER

Aladar Kogler, fencing master and holder of a doctoral degree in physiology has recently relocated to the Detroit area from Czechoslovakia and is teaching fencing at Wayne State University and the Fencing Academy of Michigan. Maestro Kogler, a native of Hungary received fencing master's certificates from both the University of Physical Education in Budapest and Carl University of Prague and his PhD from Komensky University in Bratislava. His dissertation concerned the Theory of Coaching and he has continued his studies in this area and applied them to the development of the Czechoslovakian national fencing team of which he has been head coach for the last 15 years (3 times Olympic coach). His students won the U-20 World Championship in epee in 1979 and the World University Games Championship in 1977. His son Attila was Czechoslovakian junior sabre champion in 1980.

Michigan fencers enthusiastically welcome Maestro Kogler, his wife Angelica (who is an attorney) and his son Attila to the United States.

## PSYCHOLOGICAL ASPECTS OF FENCING

REPRINTED FROM  
AMERICAN FENCING DECEMBER 1981  
By Theodore Jerome  
Fencing Master, Santa Barbara, CA

**Author's Note:** The following is a condensation of a monograph published some months ago on the basis of conditions during 56 years of concern with fencing in the United States. I have seen fine young beginners spoiled by inexperienced teachers, who have frequent highly enthusiastic people, and quite a few in other activities, but whose fencing understanding has been incomplete. Without a deep understanding of the values in the sport, the teacher can teach with superficiality; many do so with good grounding in the mere mechanics of the weapons. Yet nearly all the currently active could become excellent and beyond reproach if they would take the highest quality in their own teaching prior to undertaking the instruction of others.

\* \* \*

Fencing attracts a number of people who think of it as nothing but physical exercise. They acquire the equipment and learn briefly to wave the weapons:

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and pick up an equally inept friend to "fence" bouts without much regard to form and rules. They boast to their friends about their "fencing" and view themselves as glamorous characters on a par with certain moving-picture celebrities. After a short time, nothing more is heard about the matter. The equipment is relegated to the junk pile, or posed over the mantle piece to impress one's friends. This means that the embryo fencers have soon exhausted the limits of their enjoyment of the game. On the other hand, properly trained fencers, who have subjected themselves to the rigorous regime insisted upon by competent masters, remain in the sport until their late sixties, or in some cases into their seventies.

This time-relationship, of the superficial approach versus the dedicated consistency of good training, points out the moral that the casually engaged fencers have failed to find the real values inherent in the sport. They have failed because they have never been taught the most important things belonging, by right of history and necessity, to the oldest fighting skill practiced by the human race. They have never

reached the most interesting phase of the sport: the play of mind against mind.

Psychology is a current fad among a large part of our population, and some neophytes in the subject speak of it in relation to fencing as if it were a new factor in that ancient art. But this reveals a lack of understanding of both psychology and fencing. Fencing is neither a strictly mechanical nor a purely physical exercise; these aspects of the sport are but the beginnings of adeptness in a great art. These factors form only the bridge by which the fencer crosses to the higher mental and intellectual areas of personal combat with the sword.

Let us consider what takes place when two competent fencers meet on the strip. Each knows that attack provokes parry, parry provokes riposte; retreat provokes advance, and advance forces retreat, etc. A perfect defense on the part of one will interdict victory for the other; a perfect attack will prevent a perfect defense. If each fencer had perfect defense and perfect offense, we would have the concept of an irresistible force meeting an immovable object, a complete stalemate. This is not as far-fetched as it sounds, for this condition has been achieved in the history of the art among some of the grand masters of Europe. Yet, even in these cases, victory

(Continued on p.27)

Group portrait of three well-known individuals: Csaba Elthes, Ed Richards, and Jack Keane at the 1979 Junior Olympics. Photo by Bruce Repko.



## RESULTS

### NEW YORK HOLDS 4th EMPIRE STATE GAMES

by Paul Anderson

New York's fourth Empire State Games started in mid-August with all the fanfare of the previous three. An established and popular sporting event in New York State, it holds 22 of the 24 competitions of the Summer Olympic Games for residents of New York State only.

Using all of the facilities of Syracuse University in Syracuse, N.Y., plus as many of the athletic facilities of the city's high schools and other community colleges as needed, the finals consist of about 5,500 qualifiers from the six regions into which the state is divided. This group, boiled down from about 80,000 in all qualifying events, receives an all-expense-paid trip to the finals in Syracuse, plus a handsome blue & gold Games sweat suit to wear home.

Following the Olympic-like festivities and lighting of the Empire State Game's flame on Wednesday evening, all sports got off to a rousing start early Thursday morning. In fencing, the Men's Foil started the action with three qualifiers from each of the six regions. With the same number of qualifiers in every weapon, including boys and girls scholastic (under 18) foil, it provides a strong final of 18.

The six finalists in men's foil included four who are members of the Olympic Fencing Squad — Ed McNamara, Ed Wright, Jim Bonacorda and Tibi Friedman. But it was Nestor Rosario from New York City who challenged all four. He ended the finals with the same won-loss record (4-1) as Ed McNamara, Long Island. The fence-off went back and forth until the score was three all. Then Rosario scored two fast touches to win the match. Ed Wright, Westchester, who placed second for the past two years, took third this year with 3-2 record. Bonacorda, Long Island, was fourth with 2-3; Friedman, NYC, 5th with 1-4, and John Page, Long Island, 6th with 1-4.

In the scholastic boy's foil, Milo Roque of New York was undefeated and won the Gold Medal. Goro Adachi, NYC, was second with

4-1; Dietmar Tatzel, Long Island, with 3-2; Bob Cyrus, NYC, 4th; David Cota, Long Island, 5th with Matt Marger, Westchester, 6th with

In the Women's Foil held on the Stacey Moriates of New York was defeated in the preliminary and rounds. She topped it off by being defeated in the finals to win the Gold. Stacey also won in 1979 and placed 1978. Nelda Latham, also of NYC second with a 4-1 record. She has second in 1979. Peggy Walbridge who was in a dead tie for third placed third this year with 2-3. Car Massena, was 4th with 2-3; Ranc was 5th with 1-4, and Puck Wulle Elmira, was 6th with 1-4.

The Scholastic Girl's Foil finals produced an unusual 3-way tie for first place with a fencer having a won-loss record of the fence-off, Gail Rossman of Long won both bouts to take the Gold Medal. Mindy Wichick of Long Island had a record to take second place. Gurenebaum of New York lost by place third. Fourth was Anne Harbis York (2-3); 5th Holly Rogers, Lar (1-4); 6th was Diana Muggiz, Mam (0-5).

Men's Open Epee ended in another hanger the next day with a second 3 for first place. Each fencer had a 3-2. In the fence-off, Scott Hollenbeck, Long Island lost both bouts to take third place. Walter Dragonetti, Long Island and Siegal, New York, ran the score. Dragonetti scored the next touch to take place. Tony Carames, New York, was with 2-3; Ranjit Bhinder of Poughkeepsie was 5th with 1-4, and Dan Rainford York was 6th with 1-4.

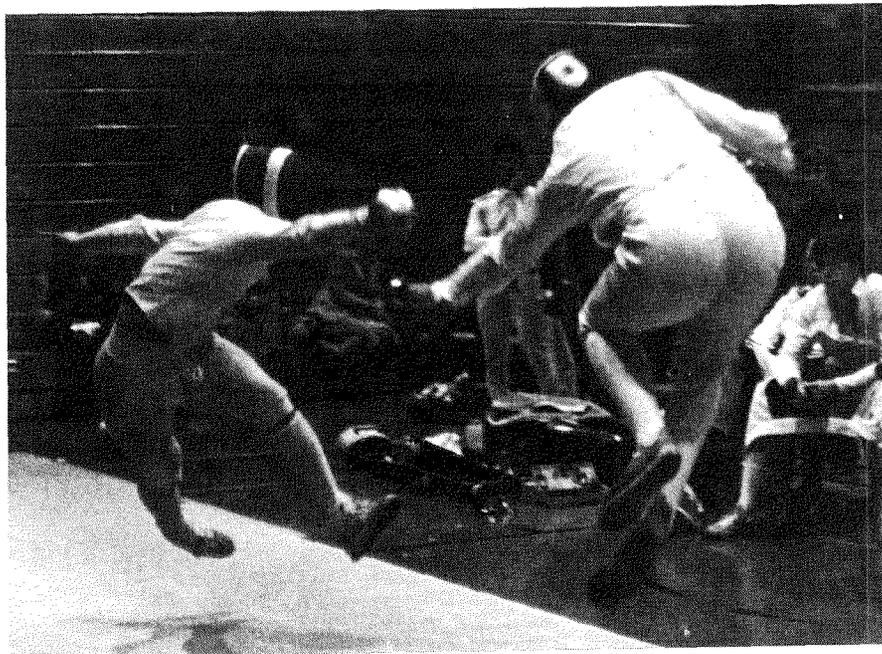
Men's Sabre on Sunday was the match of the Games, and it too ended in a fence-off for first place between Wan and Tom Merenyi of New York. Both with 4-1 records. In the fence-off, Yulife Merenyi 5-1 to take the Gold Medal. Third was Michael Lofton, Long Island 2-3; 4th was Don Larkin, New York with fifth was Cal Schlick of Mamaroneck 2-3; and 6th was Eugene Dembinski 1-4.

In an unusual mother-son combination, Mrs. Susan Shipherd of Elsmere, N.Y., qualified for the women's foil, as did her son T.P. Shipherd who was in the Scholastic Boy's foil. Both were eliminated in the preliminaries.

As an indication of the strength in fencing in New York State, of the six finalists in each match, totaling 36, 15 were from the New York City or Metropolitan Division (one of the six regions into which the state is divided for the Games); 12 were from the Long Island region, and six were from Westchester, or the Hudson Valley region. Of the three remaining finalists, two were from Central, N.Y. and one was from the Adirondack region.

Ralph Goldstein is Fencing Chairman of the State for the Games, and Dernel Every is his very helpful assistant. George Kolombatovich, Coach of Columbia and Marius Valsamis did the lion's share of the directing. At every competition the Public Service Television cameras were there to pick up several minutes of the finals. This was done for most other sports and was sent to all PST stations around the state. Governor Carey

*Michael Storm (left) vs. Jay Thomas in the NCAA National Epee Championships in Kenosha, Wisconsin, March, 1981. Photo by Gregory Smet. Honorable mention in action photo contest.*



attended the opening ceremonies with his bride. The Empire State Games followed by two weeks the end of the National Sports Festival, previously held in Colorado Springs.

## RESULTS

### ILLINOIS OPEN

**Illinois Open Foil**, Mount Prospect, Illinois. September 27, 1981. Lions Park contributed 13" color TV sets as 1st prizes.

#### Men's Foil: (30)

1. Abbas Fadel, Wisc.
2. Howard LeBeau, Illinois
3. Ettore Bianchi, Italy

#### Women's Foil: (15)

1. Gina Farkashazy, Australia
2. Christine Massiala, Mich.
3. Noreen Hydel, Mich.



# COMING ATTRACTIONS

## 1982 D'Asaro Open

Is scheduled for January 9th and 10th at San Jose State University, San Jose, California. Women's Foil individual is on Saturday, Men's Foil individual is on Sunday. Both events are on the North American Circuit.

**Deadline for entries: December 30, 1981.**

**Entry fee: \$15**

**For entry and information**, contact: Gay D'Asaro, 3988 Ezia St., San Jose CA 95111. (408) 629-8063

## MINNESOTA JUNIOR SPITFIRE

Sponsored by the Brookdale Center Merchants Association.

February 20 and 21, 1982.

The weekend following the J.O. Nationals.

- Events:** U-16 Boys Foil  
U-16 Girls Foil  
U-16 Boys Sabre  
U-16 Boys Epee  
U-14 Boys and Girls Foil  
U-12 Boys and Girls Foil

**Entry Fee:** \$5.00 per event

**Awards:** Medals for the finalists in each event.

#### For Information Contact:

Robert van der Wege  
Minnesota Excalibur  
1471 Fulham  
St. Paul, MN 55108

Those fencers returning from the J.O. Nationals are invited to stay and train in Minnesota during the week leading to the Minnesota Spitfire. Arrangements can be made for a limited number of fencers to stay with the families of junior fencers in Minnesota and to attend local schools during the week.

## MARDI-GRAS SABRE

The 1982 Mardi-Gras Sabre Tournament will be held on the 6th of February at

the Field House of Tulane University in Orleans, La. The competition is an American Circuit event and will include demonstration of the Uhlmann electric apparatus accepted by the FIE. The American Fencing Federation has indicated it will sponsor the participation of the squad. The entries of some other American saber fencers is also expected. On the day following the saber tournament (Sunday) an Open Men's Foil and Women's Foil competition will be held at the same location.

Interested persons are to contact William T. Colton, 4846 Camp St., New Orleans LA 70115; Tel.: (504) 891-3555, for name information brochure.

## CHICAGOLAND OI 1982

Will be held on March 27 and 28 at Bldg. of the University of Illinois at Chicago 901 W. Roosevelt Rd., Chicago, Illinois. *(event (N. American Circuit) will be on March 27th (not the 28th, as originally announced). First prize for this circuit even silk screen of fencing at the Munich (donated by world famous sports artist Neiman. Events: Men's Foil, Women's Foil and Women's Epee, Men's Sabre. All fencers receive replica swords as trophies.*

**Deadline for entries:** March 20, 1982

**Entry fees: \$15 for Men's foil, \$10 for women's events; \$5 late fee for postmarked after deadline. For entry forms and info contact: Dr. Fred Rhodes, Briar Pkwy., Chicago, IL 606 883-1855.**

## SEASONS GREETING

from the staff of  
**AMERICAN FENCING**  
and  
**BEST WISHES** for  
a  
**SUCCESSFUL 1982**

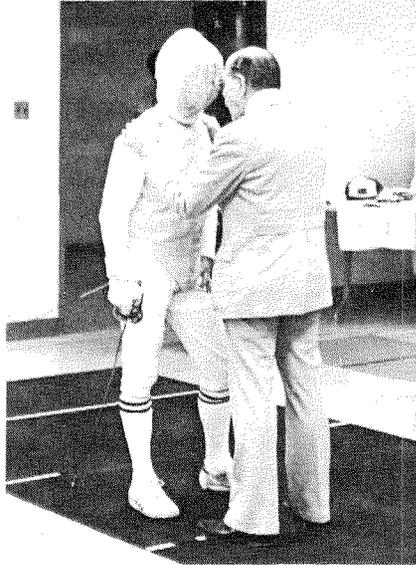
## 1982 Helene Mayer International

Northern California Division announces that its fifth annual Helene Mayer International Tournament will be held on March 20 and 21, 1982 in the double gymnasium of the College of San Mateo, San Mateo, California (near San Francisco Airport). **Women's Individual Foil** (N. American Circuit) is Saturday, March 20th; **Women's Foil Team** (4 per team) is Sunday, March 21st.

**Deadline for entries:** March 6, 1982

**Entry Fees:** \$15 for Women's Individual Foil. \$20 per 4 woman team.

**For entry forms** and information, contact: Mary Huddleson, 2201 Bywood Drive, Oakland, CA 94602. (415) 531-7632.



Honorable mention photo by Christopher Murray. Coach Garrett gives some instructions.

### CORRECTION

The March 25 - 27 NCAA Women's Championships will be held at San Jose State University, not in Indiana, as stated in our Sept/Oct listing in the 1981-82 Calendar.

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## ATHLETIC MEDICINE — The Athlete as a Patient

(Excerpts from "The Olympian," July/Aug., 1981

by Dr. Roy T

The practice of athletic medicine differs in many respects from general medical practice. Although most of the accepted basic principles of medicine apply, there are certain unique features of sports medicine that distinguish it as separate from other medical disciplines .....

A specific condition in an athlete may be treated in vastly differing ways than that identical condition in the non-athlete. As an example, a moderate ankle sprain in the *observer* might be treated with rest, elevation, and restriction of motion. The same sprain in the *participant* might be treated with a combination of cold whirlpool, ice massage, compression, active and passive range of motion exercise, and medication.

Another example is a sore throat. In the general population, cultures are taken, laboratory tests are ordered, and definitive therapy will wait until these tests are completed. This may require 24-28 hours or

more. In the athlete, this delay may so often empirical therapy is begun — often including the administration of antibiotics — *before* the laboratory work is completed .....

In a Games situation, the physician evaluates the athlete's general health and needs. This often requires a complete medical history and performing a physical examination. An essential part of the review of all medications being used is individual to insure that banned substances are avoided.

Just as the athlete would immediately consult his coach about a change in training protocol, or his manager if professional equipment are experienced, the athlete should consult the doctor about related matters. Early medical attention can alter the course of injury or illness and maximize the effort by the competitor at the event .....

(Continued on

page 25)  
 blade and body actions which will ultimately confuse his opponent and cause him to commit an error—an error, not of the present instant, but an error of the future. This is what underlies the actions of second, third, and fourth intention; the ability to visualize the ultimate result many movements ahead, and the power of the mind to produce a given reaction in the opponent at some time in the future. This means that the fencer must know not only how to use his body and weapon, but must also understand his own mind and the mind of his opponent. He must be a swift judge of character.

To achieve such competence, however, the fencer must be so perfectly trained in the use of weapon and body that the mechanical aspects of combat have become automatic reflexes not subject to conscious thought, just as a good car driver applies his brakes, without conscious thought, in an emergency.

The good fencing teacher, and the dedicated fencing student, both understanding this fundamental idea, will not be satisfied with less than constant and conscientious instruction and drill in the mechanics of the

of course.

Fencing should not be conceived as a production-line sport. It is not the speed-up program of sports production. Its top form can never be reached by mediocre minds which demand constant frolic without study and persistence; the would-be fencer submits himself to the necessary rigors of competent training; he puts himself on the road to enjoy the delightful of personal competitive one in which the psychology of the sport has been an integral part from the beginning of its history.

### ATHLETIC MEDICINE

(Continued from page 25)

If the doctor and athlete recognize that both are working in their own way toward a common goal — the best performance possible — many problems can be avoided.

Open communication between the physician and competitor will insure that the athlete receives the maximum benefit, whether these are advice, or active treatment of illness or injury or preventive medical measures.

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